HBIPS
Restraint & Seclusion

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What is HBIPS?

HBIPS
Hospital **B**ased **I**npatient **P**sychiatric **S**ervices pilot study includes two measures.

HBIPS-2
Measures hours of physical restraint

HBIPS-3
Measures hours of seclusion

HBIPS-2 & HBIPS-3

Measures

HBIPS-2
Numerator: The number of hours in restraints

Denominator: The total number of hours of care in psychiatric service

HBIPS-3
Numerator: The number of hours in seclusion

Denominator: The total number of hours of care in psychiatric service

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Study Purpose

Who
VAMCs self-report their data for restraint and seclusion to the Office of Analytics and Performance Integration-Performance Measurement (API-PM)

Why
Abstraction will validate the data being reported to API-PM

How
Abstraction of approximately 1,000 records with psychiatric admissions.

Overview of Tool

- Contains 21 questions
- Not all questions will be answered.
- Two separate sections are present for capturing restraint and seclusion events

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Admission Dates

- Question 1 (admdt) is the admission date to inpatient care. It will be auto-filled with the option to modify if necessary.
- Question 2 (psyadmdt) collects the admission date to psychiatric care.
- The two admission dates could be the same if the admission to inpatient care and psych happened at the same time.
- Transfers from a medical floor to psych is an example when the two admission dates could be different.

Discharge Dates

- Question 3 (psydcdt) collects the discharge date from psychiatry.
- Question 4 (dcdate) is the auto-filled discharge date from the hospital.
- The two discharge dates could be the same if the discharge from inpatient care and psychiatry happened at the same time.
- Transfers from a psychiatry to a medical floor is an example when the two discharge dates could be different.
- Enter 99/99/9999 if the patient has not been discharged at the time of the review.

Quality Insights

Q5 Psycare

Did the patient receive care in an inpatient psychiatric care setting?
1. Yes
2. No

- If the patient was not admitted to an inpatient psychiatric service, answer no to this question.
- Answering no will exclude the patient from the HBIPS review.

Quality Insights

Q6 Resevent

During the period from (computer to display psyadmdt through psydcdt), is there documentation of a physical restraint/violent restraint event?
1. Yes
2. No

- Use the examples on the next slide to determine if the patient had a physical restraint event.

Quality Insights

Q6 Resevent

Examples of Physical Restraint
- 2-point restraint
- 4-point restraint
- 5-point restraint
- Body nets
- Mittens to prevent intentional self-harm
- Wrist-to-waist restraints
- Soft wrist restraints
- Manual holds
- Stapling
- Jarvis
- Leather restraints
- Devices that serve multiple purposes such as a Geri chair or side rails, when they have the effect of restricting a patient's movement and cannot be easily removed by the patient

Exclude as Physical Restraint
- Devices such as orthopedically prescribed devices, surgical dressings or bandages, protective helmets
- Methods that involve the physical holding of a patient to conduct routine physical examinations or tests
- Methods that protect a patient from falling out of bed
- Methods that permit the patient to participate in activities without the risk of physical harm (does not include a physical escort)
- Restraint uses that are forensic or correctional restrictions applied and used by outside law enforcement
- Restraint uses that are forensic or correctional restrictions applied and used by designated hospital security personnel to transport the patient to court off the locked unit.

Quality Insights

Q7 Resord

Did the earliest restraint order contain an order name?
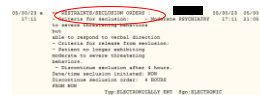1. Yes
2. No

Examples of order names
- Restraint/Seclusion Orders
- Behavioral Restraints/Seclusion
- Restraint/Seclusion for Violent or Self-Destructive Behavior

Quality Insights

Q7 Resord

Example of order **with** an order name:

Quality Insights

Q7 Resord

Example of order **without** an order name:

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05/30/23 e   >> Seclude for 4 hrs for protection of    "    05/30/23  05/31
   22:22      self and others. Discontinue when          "    21:50   02:30
              patient meets criteria for
              discontinuation (e.g. cessation of
              threats or aggression, adequate
              judgement and impulse control.)
              Continuous observation by the assigned
              staff member in the seclusion area.
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Q8 Resordnm

If Q7 resord is answered YES, enter the name of the restraint order in the text box.

> Enter name of restraint order here

Q9 Restyp

Select the type of restraint that was used.
Select all that apply:
1. 2-point restraint
2. 4-point restraint
3. 5-point restraint
4. Body nets
5. Mittens to prevent intentional self-harm
6. Wrist-to-waist restraints
7. Soft wrist restraints
8. Manual holds
9. Stapling
10. Jarvis
11. Leather restraints
12. Devices that serve multiple purposes such as a Geri chair or side rails, when they have the effect of restricting a patient's movement and cannot be easily removed by the patient
13. Other

Q10 Othres

If Q9 restyp13 (Other) is selected, enter the name of the other type of restraint used in the text box.

> Enter name of other type of restraint here

Q11-13 Resdt, Restartm, Resendtm

<u>For each restraint event during the psychiatric hospitalization</u>, enter the date the restraint event occurred and enter the time the restraints were initiated and discontinued.

Restraint Event Date mm/dd/yyyy	Restraint Event Start Time UMT Abstractor may enter 99:99	Restraint Event End Time UMT Abstractor may enter 99:99	If restartm and resendtm are valid, software will calculate total minutes for each event

Q11-13 Resdt, Restartm, Resendtm

- If there are multiple restraint events during the psychiatric admission, make an entry for each restraint event.
- When an event (*Event Type*) begins and ends on different dates (crosses midnight) this is considered two (2) separate events; therefore, both dates must be documented in order to determine the total amount of time associated with each *Event Date*.
- **Restraint Event start and end time must be entered as hour and minute (UMT).**
  For **start times** that include "seconds," remove the seconds and record the time as is (e.g., 15:00:35 would be entered as 15:00).
  For **end times** that include "seconds," round up to the next full minute (e.g., 15:00:35 would be entered as 15:01).
- If a patient is in *Event Type* 1 (physical restraint(s)) and then changed to *Event Type* 2 (seclusion), the time for *Event Type* 1 (physical restraint(s)) STOPS. The initiation of *Event Type* 2 (seclusion) stops the time for *Event Type* 1 (physical restraint(s)).
- If a patient is in *Event Type* 1 (physical restraint(s)) and *Event Type* 2 (seclusion) at the same time, the time should be counted as *Minutes of Physical Restraint*. **Time in physical restraints supersedes time in seclusion.**
- Enter 99:99 when either the start or stop time of *Event Type* 1 (physical restraint) event is missing or unable to be determined from the medical record.

Q14 Resrenord

For each restraint event that lasted more than 4 hours, was the restraint order renewed every 4 hours by a physician/APN/PA?
1. Yes
2. No

- This question is only enabled for restraint events that were entered in Q11-13 which lasted over 4 hours.

Q15 Secevent

During the period from (computer to display psyadmdt through psydcdt), is there documentation of a seclusion event?
1. Yes
2. No

- If there are seclusion event(s) that DO NOT occur on the same date and time as restraint event(s), select yes.
- NOTE: If a seclusion event(s) occur on the same date and time as a restraint event(s), the time will be counted as Minutes of Physical Restraint (Restraint Date and Time question) because time in physical restraints supersedes time in seclusion.

Q15 Secevent

Examples of Seclusion

- Manually or electronically locked doors
- One-way doors
- The presence of staff proximal to the room preventing exit or the threat of consequences if the patient leaves the room
- Documentation that 1:1 is for the purpose of seclusion (e.g. if seclusion room is already occupied.)

Exclude as Seclusion

- Time-out
- Quarantine due to infectious disease
- 1:1

Q16-21 Seclusion

The remaining seclusion questions mirror the restraint questions that have already been presented.

Important Facts

| There are no DACs or Exit Reports | Submit questions using the Question & Answer System | Pull list release date expected to be on or before November 17th | Abstraction Due Date is December 11th |

Remember to review all Database Questions and Definition & Decision Rules prior to beginning abstraction.

Thank you!